

SURGICAL SPECIALISTS

AT FLORIDA HOSPITAL

SURGERY INSTRUCTIONS

Florida Hospital | 601 East Rollins Street Orlando, FL 32803 | (407) 303-6611

You will be contacted with in 48 hours with your surgery information.

PRE-ADMISSION TESTING: (407) 303-2466 **Date:** _____ **Time:** _____

Report to: **Florida Hospital Medical Plaza, Suite 330** (2501 North Orange Avenue, Orlando). This is the red brick building on the corner of Rollins Street and Orange Avenue, attached to the hospital parking garage.

- Have **NOTHING to eat OR drink** from midnight the night before your appointment. (Take any heart or blood pressure medication with a sip of water.)
- There is no preparation on this day. You may eat or drink prior to your appointment.

DAY OF SURGERY

Date: _____ **Arrival Time:** _____ **Surgery Time:** _____

(Breast Patients Only) **Needle Localization Time:** _____ **Sentinel Node Injection:** _____

Seed Localization Date: _____ **Time:** _____

Report to: FRI, 235 E. Princeton St., Suite 100, Orlando, FL 32804

On the day of surgery report directly to:

- Suite 1500 Rapid In and Out (RIO) in the main hospital building**, located on the first floor. The information desk concierge can direct you.
- Registration/admitting in the main hospital building**, located on the left of the Rollins Street lobby entrance.
- Suite 439, Florida Hospital Medical Plaza** (2501 North Orange Avenue, Orlando) This is the red brick building on the corner of Rollins Street and Orange Avenue, attached to the hospital's parking garage.

DO NOT EAT OR DRINK FROM MIDNIGHT THE NIGHT BEFORE YOUR SURGERY.

Take any heart or blood pressure medication on a regular schedule with just a sip of water.

NO FISH OIL, VITAMINS, OMEGA OR ASPIRIN PRODUCTS SEVEN DAYS PRIOR TO YOUR SURGERY.

- Make arrangements with a responsible adult to take you home from the hospital after your surgery. **You cannot be discharged to a cab on the same day of surgery.** If you are discharged the same day, we recommend you make arrangements for someone to be with you the day and night of the surgery. You should not be alone.
- **Depending on the procedure that you are having, your doctor may require an assistant. This is usually covered by your insurance company. Please contact your insurance company with any questions regarding assistant coverage.**

Please call (407) 303-7204 after your surgery to schedule your post-op appointment.

Please contact the person who schedules surgeries for your surgeon.

For: Joseph Portoghese, MD
Jean Miner, MD
Dennis Rousseau, MD

Please contact:

Wilma at (407) 303-7381 from 8:30 am to 4 pm Monday through Friday

For: Louis Barr, MD
Rhonda Harmon, MD
Steve Eubanks, MD
Alric Simmonds, MD

Please contact:

Dixie at (407) 303-7207 from 8:30 am to 4 pm Monday through Friday